## 21<sup>st</sup> October 2016: THE POWER WITHIN: A Transformational Journey by Mr. Krishna Kumar MB

**Brief CV of the Key Speaker:**Mr. Krishna Kumar MB, consultant on Corporate Planning, Policy Formulations & Logistics, Governing Board Committee (ISOL Foundation), as the key speaker. Mr. Krishna Kumar MB is a dynamic professional with rich experience in Broadcast Industry and Corporate Communications, Journalism, Crisis Management, Editorial Operations, Strategic Planning and Management.

## Summary of the Lecture:

He elucidated the Astronomical derivations of Gayatri and its applications to derive the information content of the Vedas. According to him, the inner power of a person and the fact that it can be used to strengthen the soul of a person and spread the positivity around. This power influences the thought process and if used in a positive way, it can enlighten the life of a person and also the lives of people around him/ her. Further, he explained the power of Introspection.He spoke about the role played by positive thinking in transforming oneself into a better person and in turn, making the surroundings blissful. He stressed upon the fact that being true to oneself and doing things which makes one happy are very essential for our existence.

The event was attended by 48 students.



